



St James Park Kindergarten



19 Strathcona Avenue, Panorama 5041
Ph: 8276 5703 www.stjamesprkgn.sa.edu.au

Sun Smart Policy

National Quality Standard Area 2: Children's Health and Safety

Children have the right to experience quality education and care in an environment that safeguards and promotes their health, safety, and wellbeing.

Purpose

All Department for Education school sites, and early childhood education and care services must have a sun protection policy in effect for whenever ultraviolet (UV) radiation levels reach 3 or above. Sites must inform the site's community including employees, students, parents, and volunteers of the sun protection policy. Wherever possible, children and young people are encouraged to be responsible for their own sun protection.

Our Sun Smart Policy aims to:

- Promote positive attitudes towards Sun Smart practices among children, staff, parents and our wider community.
- Educate our kindergarten community for lifelong learning about Sun Smart lifestyle practices and promote an awareness of the need to reduce the level of exposure to the sun's harmful rays.
- Provide an environment which support Sun Smart practices through our educational program and through the modelling of best practice.
- Incorporate Sun Safe practices into the learning framework and/or planned experiences.

Practices

- The sun protection policy is implemented from 1 August to 30 April orsu when UV levels are 3 and above for all outdoor centre activities.
- Cancer Council Kids Sunscreen SPF 50+ higher broad-spectrum, water-resistant sunscreen is supplied by the centre for children and staff use. Children who require their own sunscreen due to allergies etc. will need to provide their own individual sunscreen in its original container labelled clearly with their name. This sunscreen will be stored safely at kindy.
- Our educators plan, program and implement activities that minimise the risk of sun exposure when the UV radiation levels are 3 and above. Care is taken during the peak UV radiation times and outdoor activities are scheduled outside of these peak times where possible. When the UV is 3 and

above, we will hold outdoor activities earlier in the day or move indoors. Children are encouraged to play in shaded areas when outdoors.

- We plan to use our veranda area, trees and permanent shade structures for outdoor activities.
- Staff are to use available areas of shade for outdoor activities as much as possible and actively encourage children to play in the shade.
- Each family will receive a copy of our Sun Smart policy, and we will include the policy in our enrolment package and staff induction package.
- All children and staff will be expected to wear a broad brimmed or bucket style hat that covers the face, ears and neck when participating in all outdoor activities when the UV is 3 and above. Children at St James Park Kindergarten will be supplied with a Sun Smart bucket hat at enrolment. This hat will be kept at kindy. The cost of the hat will be included in the term 1 fees. The hats will be kept in individual, clearly named pockets, and will be washed at the end of each term.
- Between April and August and when UVR levels are 3 and above at any other time of the year, children will be supported to apply their own sunscreen to their face, neck, ears and any other exposed skin, 20 minutes before outdoor activities. Sunscreen is then re-applied every 2 hours.
- Staff are encouraged to access the daily local sun protection times using the free Sun Smart Global UV app, Sun Smart widget, myuv.com.au or the Bureau of Meteorology website <http://www.bom.gov.au/places/sa/adelaide/forecast/> each day to support the implementation of sun protection at the centre.
- Appropriate sun protective clothing is included in the centre uniform/dress code. All children and staff will be expected to wear appropriate sun protective clothing. Tops with collars, covered shoulders and longer style shorts/skirts are recommended. Please do not send your child in a singlet, midriff top, shoestring strap, or strapless top. Children who are not dressed appropriately for outdoor play will be asked to put on kindergarten spare clothes
- For Work Health and Safety and role modelling, when the UV is 3 and above, staff are required to practice Sun Smart behaviours including wearing sun protective clothing, sunscreen, appropriate hats and sunglasses and seek shade when outdoors.
- Where practical, children are encouraged to wear close fitting wraparound sunglasses that provide the best protection against ocular UV damage. Sunglasses should meet Australian Standard AS/NZS 1067 (Sunglasses: lens category 2, 3 or 4).
- Our centre's written sun protection policy is regularly reinforced and promoted to the whole centre community including staff, volunteers and families through Seesaw posts, newsletters, email communication and the centre website.

*This policy applies to all centre activities and events, on and off site. A combination of sun protection measures are considered when planning outdoor activities such as excursions.

This SunSmart Policy will be reviewed regularly (at least every 3 years) to ensure the policy remains current and relevant. Updated and approved by Governing Council 8/8/24

St James Park is a registered member of the **Cancer Council SunSmart program**



**Cancer
Council**

For more information please contact: Cancer Council Helpline 131120 or
www.sunsmart.org.au.

This SunSmart Policy will be reviewed regularly (at least every 3 years) to ensure the policy remains current and relevant. Updated and approved by Governing Council 8/8/24